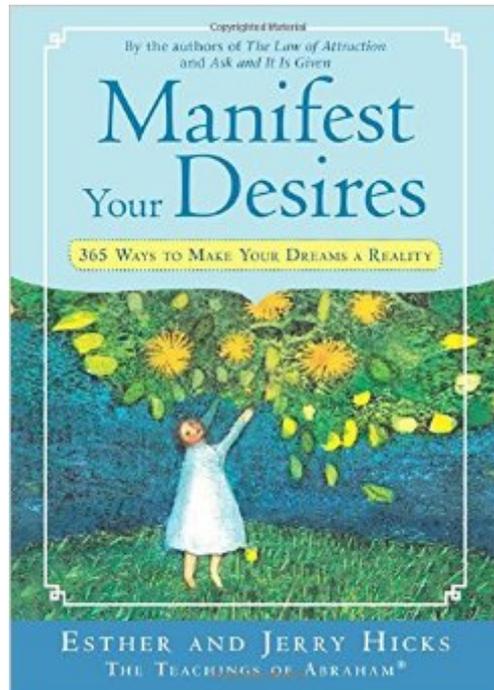


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# Manifest Your Desires: 365 Ways To Make Your Dreams A Reality



## Synopsis

This information-packed little book, which presents the teachings of the nonphysical entity Abraham, will help you learn how to manifest your desires so that youâ™re living the joyous and fulfilling life you deserve. Each day, youâ™ll come to understand how your relationships, health issues, finances, career concerns, and more are influenced by the Universal laws that govern your time-space realityâ™and youâ™ll discover powerful processes that will help you go with the positive flow of life. So start making your dreams a reality . . . right now! **Â** Promotion: Over 40 lectures a year, including a multi-city lecture tour with the Hay House I Can Do It series 2008, plus local media; dates TBA. Radio, print and Internet advertising!

## Book Information

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Average Customer Review: 4.6 out of 5 stars **Â** **Â** See all reviews **Â** (80 customer reviews)

Best Sellers Rank: #200,302 in Books (See Top 100 in Books) #141 in **Â** Books > Health, Fitness & Dieting > Mental Health > Dreams #875 in **Â** Books > Religion & Spirituality > New Age & Spirituality > New Thought #2551 in **Â** Books > Religion & Spirituality > Occult & Paranormal

## Customer Reviews

This is a brief video that shows you a little bit about the book. This is a small book, a little larger than my hand. It has concepts taught to us by Abraham in a much more abbreviated fashion than we normally find in the CD's and DVD's. While it lacks some of the passion that gets communicated when you hear it directly from Ester, it's nice because it is bite-size, and gives you the opportunity to meditate on each thought. Abraham has told us previously that while we have many questions, they have only one answer. While that is true, the answer is a somewhat complicated or layer message for us mere mortals. In this book they reiterate their message: \* Our emotions are our guidance system. If something feels bad that is a message not to be ignored. \* Our thoughts and our feelings create a vibrational escrow (I always want to call it an emotional escrow) that creates our future. \* Controlling our thoughts and our resulting feelings controls the vibration we offer, and therefore that

which we attract.\* The universe only gives us that which we are in vibrational alignment with.\* Contrast (which to me means knowing what we don't want) helps us send "rockets of desire" for what we do want.\* We need to focus on what we want to create that vibration to be matched. We should not focus on what we do not want because that is offering a vibration which is also matched.\* The desires that our ancestors had, made the world a better place for us today.\* We can get anywhere we want to be from where we are today.\* Imagining, expecting, and remembering good things causes them to come into being.\* We aren't here just to observe the world, because in simply observing, we will get more of what we see. If it is good, it will get better.

I bought this book knowing nothing about it. And then wondered if I really needed it when I have all the other Hicks/Abraham Books. But this one has turned out to be my favourite, and it is already well worn, travels with me everywhere, and is dipped into often. Heard about *The Secret*, and *The Law of Attraction: The Basics of the Teachings of Abraham*, but having trouble applying these Universal Laws and making positive changes in your life? Maybe you aren't a great reader, or don't have a lot of time each day to read. Perhaps you know someone who needs some simple, easy to follow advice about manifestation and changing their world from what they don't want to more of what they'd like. This wonderful little handbook, *Manifest Your Desires: 365 Ways to Make Your Dreams a Reality* is a delightful package of day by day teachings that are thought provoking, wise, funny, and filled with practical ideas and suggestions that help you create more of what you Desire. It makes the teachings of Abraham, channelled through Esther Hicks, available in their most simple and clear format, supported by simple and enjoyable practical exercises you can immediately apply in your own life. The rich background images on each page add to the reading enjoyment, further facilitating a feel good, positive state of mind.

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